

| bénévole 2020 | Semaine | week end | Lundi | Mardi | merc | jeudi | vend | samedi | dimanche | Lundi S+1 | début | Fin | Poste | |
|-------------------------|---------|----------|-------|-------|------|-------|------|--------|----------|-----------|-------|-------|---|---|
| LHOMMEAU Dominique | | | | | | | | 3 | 3 | | 07:00 | 12:00 | Appro ravitaillement + commissaires | |
| BEAUCHAMPS Patrick | S | | 3 | | 3 | | | 3 | 3 | | 06:00 | 07:00 | Bar : sandwich | |
| LE MEUR Philippe | | | | | | | | 3 | 3 | | 06:00 | 07:00 | Bar : sandwich | |
| LHOMMEAU Dominique | | | | | | | | 3 | 3 | | 06:00 | 07:00 | Bar : sandwich | |
| TERTULLIEN Jérôme | | | | | | | | 3 | 3 | | 06:00 | 07:00 | Bar : sandwich | |
| BESNIER Micheline | S | | 3 | | 3 | 1 | 3 | 3 | 3 | 3 | 07:00 | 10:00 | Bar : Café matin | |
| CHEVEREAU Marion | | | | | | | | | 3 | | 07:00 | 10:00 | Bar : Café matin | |
| FLANDRIN Béatrice | | | | | | | | | 3 | | 07:00 | 10:00 | Bar : Café matin | |
| HEULIN Patricia | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 07:00 | 10:00 | Bar : Café matin | |
| ROUXEL Colette | | | | | | | | 3 | 3 | | 07:00 | 10:00 | Bar : Café matin | |
| TARDIF Nicole | | | | | | | | 3 | 3 | 3 | 07:00 | 10:00 | Bar : Café matin | |
| Bénévole rando pédestre | | | | | | | | | 3 | | 14:00 | 17:00 | Bar : Nettoyage grande salle | |
| Bénévole rando pédestre | | | | | | | | | 3 | | 14:00 | 17:00 | Bar : Nettoyage grande salle | |
| Bénévole rando pédestre | | | | | | | | | 3 | | 14:00 | 17:00 | Bar : Nettoyage grande salle | |
| Bénévole rando pédestre | | | | | | | | | 3 | | 14:00 | 17:00 | Bar : Nettoyage grande salle | |
| Bénévole rando pédestre | | | | | | | | | 3 | | 14:00 | 17:00 | Bar : Nettoyage grande salle | |
| Bénévole rando pédestre | | | | | | | | | 3 | | 14:00 | 17:00 | Bar : Nettoyage grande salle | |
| GALLIEN Gérard | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 14:00 | 15:00 | Bar : reconditionnement ravitaillement | |
| GAUFFNY Dominique | S | | | 1 | | 2 | 3 | 3 | | | 14:00 | 15:00 | Bar : reconditionnement ravitaillement | |
| GAUFFNY Graziella | | | | | | | | | 3 | | 14:00 | 15:00 | Bar : reconditionnement ravitaillement | |
| TARDIF Nicole | | | | | | | | 3 | 3 | 3 | 14:00 | 15:00 | Bar : reconditionnement ravitaillement | |
| BENOIST Eugène | | | | | | | | | 3 | | 11:00 | 13:00 | Bar : Service bar gymnase | |
| BENOIST Jacqueline | | | | | | | | | 3 | | 11:00 | 13:00 | Bar : Service bar gymnase | |
| BRETON Antoine | | | | | | | | | 3 | | 11:00 | 13:00 | Bar : Service bar gymnase | |
| BRETON Camille | | | | | | | | | 3 | | 09:00 | 12:00 | Bar : Service bar gymnase | |
| BRETON Stéphane | | | | | | | | | 2 | 3 | 11:00 | 13:00 | Bar : Service bar gymnase | |
| GALLIEN Gérard | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 11:00 | 13:00 | Bar : Service bar gymnase | |
| GAUFFNY Dominique | S | | | 1 | | 2 | 3 | 3 | | | 11:00 | 13:00 | Bar : Service bar gymnase | |
| GAUFFNY Graziella | | | | | | | | | 3 | | 11:00 | 13:00 | Bar : Service bar gymnase | |
| TARDIF Nicole | | | | | | | | 3 | 3 | 3 | 11:00 | 13:00 | Bar : Service bar gymnase | |
| ADAM Alain | S | w | 1 | 1 | 1 | | 1 | 3 | 3 | 3 | 11:00 | 14:00 | Bar : Service bar salle | |
| BROSSE Catherine | | | | | | | | 3 | 3 | | 10:00 | 17:00 | Bar : Service bar salle | |
| GOHIER Isabelle | | | | | | | | | 3 | | 11:00 | 14:00 | Bar : Service bar salle | |
| LAMBERT Chantal | | | | | | | | | 3 | | 11:00 | 14:00 | Bar : Service bar salle | |
| BESNIER Micheline | S | | 3 | | 3 | 1 | 3 | 3 | 3 | 3 | 12:00 | 17:00 | Bar : Service Repas bénévoles + rangement | |
| DELAROUE Régine | | | | | | | | | | 2 | | 12:00 | 17:00 | Bar : Service Repas bénévoles + rangement |
| PAPILLON Martine | S | | 3 | 3 | | 3 | 3 | | | 2 | | 12:00 | 17:00 | Bar : Service Repas bénévoles + rangement |
| BLAIS GREGOIRE Marie | | | 3 | | | | | | 3 | | 10:00 | 17:00 | Bar : service Repas + rangement | |
| BLOSSIER Jocelyne | | | | | | | | | 3 | | 10:00 | 17:00 | Bar : service Repas + rangement | |
| BON Isabelle | | | | | | | | | 3 | 3 | 11:00 | 17:00 | Bar : service Repas + rangement | |
| BRETON Camille | | | | | | | | | 3 | 3 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| BRETON Murielle | | | | | | | | | 3 | 3 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| CLOTTEAUX Martine | S | | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 3 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| CRESPIN Alice | | | | | | | | | 3 | 3 | 07:00 | 17:00 | Bar : service Repas + rangement | |
| FLANDRIN Béatrice | | | | | | | | | | 3 | 10:00 | 17:00 | Bar : service Repas + rangement | |
| FRANCOIS Isabelle | | | | | | | | | | 3 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| GANDIL Marie-Claire | | | | | | | | | 3 | | 10:00 | 17:00 | Bar : service Repas + rangement | |
| GAUFFNY Amalia | | | | | | | | | | 3 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| GAUFFNY Océane | | | | | | | | | | 3 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| GIRARDOT Annie | | | | | | | | | | 3 | 10:00 | 17:00 | Bar : service Repas + rangement | |
| HEULIN Patricia | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 07:00 | 17:00 | Bar : service Repas + rangement | |
| JOUVENOT Carole | | | | | | | | | 3 | 3 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| LEMAIRE Maëva | | | | | | | | | | 2 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| LEMASSON Christiane | | | | | | | | | | 3 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| LEON Magalie | | | | | | | | | | 3 | 10:00 | 17:00 | Bar : service Repas + rangement | |
| MAYEUX Elisabeth | | | | | | | | | | 2 | 12:00 | 17:00 | Bar : service Repas + rangement | |
| ROUXEL Colette | | | | | | | | | | 3 | 10:00 | 17:00 | Bar : service Repas + rangement | |
| | | | | | | | | | | | 12:00 | 17:00 | Bar : service Repas + rangement | |
| | | | | | | | | | | | 11:00 | 17:00 | Bar : service Repas + rangement | |
| FOUCHARD Véronique | | | | | | | | | | 3 | 08:00 | 18:00 | Cuisine : Crêpes + nettoyage | |
| SAUVAGE Hélène | | | | | | | | | 2 | 3 | 09:00 | 16:00 | Cuisine : Crêpes + nettoyage | |
| FOUCHARD Joël | | | | | | | | | | 3 | 08:00 | 18:00 | Cuisine : Frites + nettoyage | |
| BOULAY Patrick | | | | | | | | | | 3 | 10:00 | 18:00 | Cuisine : Omelette + nettoyage | |
| BROSSE Philippe | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 11:00 | 18:00 | Cuisine : Omelette + nettoyage | |
| CHEVEREAU Marion | | | | | | | | | | 3 | 11:00 | 18:00 | Cuisine : Omelette + nettoyage | |

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|---------------------|---------|----------|-------|-------|------|-------|------|--------|----------|-----------|-------|-------|--|
| LEMAIRE Laurent | | | | | | | | | 3 | | 10:00 | 18:00 | Cuisine : Omelette + nettoyage |
| ADAM Alain | S | w | 1 | 1 | 1 | | 1 | 3 | 3 | 1 | 09:00 | 17:00 | Démontage lundi 9h00 |
| BESNIER Micheline | S | | 3 | | 3 | 1 | 3 | 3 | 3 | 3 | 09:00 | 17:00 | Démontage lundi 9h00 |
| GALLIEN Gérard | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 09:00 | 17:00 | Démontage lundi 9h00 |
| PAPILLON Martine | S | | 3 | 3 | | 3 | 3 | | 2 | | 09:00 | 17:00 | Démontage lundi 9h00 |
| TARDIF Jacky | | | | | | | | 3 | 3 | 3 | 09:00 | 17:00 | Démontage lundi 9h00 |
| | | | | | | | | | | | 09:00 | 17:00 | Démontage lundi 9h00 |
| BERGER J.Claude | S | | 1 | 1 | 1 | 1 | 1 | 3 | 3 | | 14:30 | 17:00 | Démontage matériel Crédit Mutuel direct camion |
| LEON Yves | | | | | | | | | 3 | | 14:30 | 17:00 | Démontage matériel Crédit Mutuel direct camion |
| BEAUCHAMPS Patrick | S | | 3 | | 3 | | | 3 | 3 | 3 | 14:30 | 17:00 | Démontage podium + retour camion benne bleu |
| BRETON Stéphane | | | | | | | | 2 | 3 | | 14:30 | 17:00 | Démontage podium + retour camion benne bleu |
| GANDIL Jean-Marie | | | | | | | | 3 | | | 14:30 | 17:00 | Démontage podium + retour camion benne bleu |
| LEMAIRE Bruno | | | | | | | | | 3 | | 14:30 | 17:00 | Démontage podium + retour camion benne bleu |
| GAUFFNY Graziella | | | | | | | | | 3 | | 07:30 | 10:00 | Engagement accueil |
| MARTIN Brigitte | S | | 3 | 1 | 1 | 3 | 3 | 3 | 3 | | 07:30 | 10:00 | Engagement accueil |
| | | | | | | | | | | | 07:30 | 10:00 | Engagement accueil |
| TELLIER Blandine | | | | | | | | 1 | 3 | | 07:30 | 10:00 | Engagement marche nordique |
| TELLIER Jean-Michel | | | | | | | | 3 | 3 | | 07:30 | 10:00 | Engagement marche nordique |
| | | | | | | | | | | | 07:30 | 10:00 | Engagement Rando Renfort |
| | | | | | | | | | | | 07:30 | 10:00 | Engagement Rando Renfort |
| GAUFFNY Amalia | | | | | | | | | 3 | | 10:00 | 13:00 | Engagement Reprise dossards |
| MARTIN Brigitte | S | | 3 | 1 | 1 | 3 | 3 | 3 | 3 | | 10:00 | 13:00 | Engagement Reprise dossards |
| CLOTTEAUX Martine | S | | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 1 | 07:30 | 10:00 | Engagement VTT 22-55 |
| FRANCOIS Isabelle | | | | | | | | | 3 | | 07:30 | 10:00 | Engagement VTT 22-55 |
| BON Isabelle | | | | | | | | 3 | 3 | | 07:30 | 10:00 | Engagement VTT 33 |
| BRETON Murielle | | | | | | | | 3 | 3 | | 07:30 | 9:30 | Engagement VTT 33 |
| GIRARDOT Annie | | | | | | | | | 3 | | 07:30 | 10:00 | Engagement VTT 33 Renfort |
| JOUVENOT Carole | | | | | | | | 3 | 3 | | 07:30 | 10:00 | Engagement VTT 44 |
| LAMBERT Chantal | | | | | | | | | 3 | | 07:30 | 10:00 | Engagement VTT 44 |
| | | | | | | | | | | | 07:30 | 10:00 | Engagement VTT 44 Renfort |
| GALLIEN Pascale | | | | | | | | | 3 | | 07:30 | 10:00 | Engagement VTT 55 |
| GOHIER Isabelle | | | | | | | | | 3 | | 07:30 | 10:00 | Engagement VTT 55 |
| GERVAIS Martine | | | | | | | | | 1 | | 07:30 | 10:00 | Engagement VTT Préengagés |
| LEON Magalie | | | | | | | | | 3 | | 07:30 | 10:00 | Engagement VTT Préengagés |
| | | | | | | | | | | | 07:30 | 10:00 | Engagement VTT Préengagés |
| ADAM Alain | S | w | 1 | 1 | 1 | | 1 | 3 | 3 | 1 | 06:00 | 10:00 | Engagement VTT Superviseur |
| GALLIEN Gérard | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 06:00 | 10:00 | Engagement VTT Superviseur |
| ADAM Alain | S | w | 1 | 1 | 1 | | 1 | 3 | 3 | 1 | 10:00 | 11:00 | Gymnase : rangement |
| BERGER J.Claude | S | | 1 | 1 | 1 | 1 | 1 | 3 | 3 | | 11:30 | 13:00 | Gymnase : rangement |
| BON Isabelle | | | | | | | | 3 | 3 | | 10:00 | 11:00 | Gymnase : rangement |
| BRETON Antoine | | | | | | | | | 3 | | 09:00 | 11:00 | Gymnase : rangement |
| BRETON Stéphane | | | | | | | | 2 | 3 | | 10:00 | 11:00 | Gymnase : rangement |
| DUGAST Gilles | | | | | | | | | 3 | | 11:00 | 13:00 | Gymnase : rangement |
| GALLIEN Gérard | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 10:00 | 11:00 | Gymnase : rangement |
| GALLIEN Pascale | | | | | | | | | 3 | | 10:00 | 11:00 | Gymnase : rangement |
| GAUFFNY Dominique | S | | | 1 | | 2 | 3 | 3 | 3 | | 10:00 | 11:00 | Gymnase : rangement |
| GAUFFNY Graziella | | | | | | | | | 3 | | 10:00 | 11:00 | Gymnase : rangement |
| JOUVENOT Tony | | | | | | | | | 3 | | 11:30 | 13:00 | Gymnase : rangement |
| LEON Yves | | | | | | | | | 3 | | 11:30 | 13:00 | Gymnase : rangement |
| LEROUX Yves | | | 2 | 3 | 3 | | 2 | 3 | 3 | 2 | 11:00 | 13:00 | Gymnase : rangement |
| MARTIN Didier | S | | 3 | 3 | 1 | 3 | 3 | 3 | 3 | | 11:00 | 13:00 | Gymnase : rangement |
| RENOUX Joël | | | | | | | | 3 | 3 | | 10:30 | 13:00 | Gymnase : rangement |
| TERTULLIEN Clément | | | | | | | | | 3 | | 11:30 | 13:00 | Gymnase : rangement |
| | | | | | | | | | | | 12:00 | 13:00 | Gymnase : rangement |
| | | | | | | | | | | | 12:00 | 13:00 | Gymnase : rangement |
| | | | | | | | | | | | 11:00 | 13:00 | Gymnase : rangement |
| CREPON Georges | | | 1 | 1 | 1 | 1 | 1 | | 3 | | 07:00 | 10:00 | Parking : Sécurité nouveau parking |
| GRIVEAU André | | | | | | | | | 2 | | 07:00 | 10:00 | Parking : Sécurité nouveau parking |
| CREPON Georges | | | 1 | 1 | 1 | 1 | 1 | | 3 | | 10:00 | 12:00 | Parking Rand'Omelette |
| DUGAST Gilles | | | | | | | | | 3 | | 08:00 | 10:00 | Parking Rand'Omelette |
| GRIVEAU André | | | | | | | | | 2 | | 10:00 | 12:00 | Parking Rand'Omelette |
| LEROUX Yves | | | 2 | 3 | 3 | | 2 | 3 | 3 | 2 | 10:00 | 11:00 | Parking Rand'Omelette : rangement |
| MARTIN Didier | S | | 3 | 3 | 1 | 3 | 3 | 3 | 3 | | 10:00 | 11:00 | Parking Rand'Omelette : rangement |
| | | | | | | | | | | | 10:00 | 11:00 | Parking Rand'Omelette : rangement |

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|---------------------|---------|----------|-------|-------|------|-------|------|--------|----------|-----------|-------|-------|---|
| BON Isabelle | | | | | | | | 3 | 3 | | 09:00 | 17:00 | Préparation Crêpes |
| BRETON Murielle | | | | | | | | 3 | 3 | | 09:00 | 17:00 | Préparation Crêpes |
| JOUVENOT Carole | | | | | | | | 3 | 3 | | 09:00 | 17:00 | Préparation Crêpes |
| RICHARD Laëtitia | | | | | | | | 3 | | | 09:00 | 17:00 | Préparation Crêpes |
| TELLIER Blandine | | | | | | | | 3 | 3 | | 09:00 | 17:00 | Préparation Crêpes |
| TELLIER Jean-Michel | | | | | | | | 3 | 3 | | 09:00 | 17:00 | Préparation Crêpes |
| CREPON Georges | | | 1 | 1 | 1 | 1 | 1 | | | | 15:00 | 17:00 | Pub : rangement |
| LEMASSON Christiane | | | | | | | | | 3 | | 15:00 | 17:00 | Pub : rangement |
| LEMASSON Pierre | | | | | | | | | 3 | | 15:00 | 17:00 | Pub : rangement |
| BARBARAY Annick | | | | | | | | | 3 | | 08:00 | 11:30 | Ravitaillement 1 + reconditionnement |
| GERVAIS Jacky | | | | | | | | | 1 | | 08:00 | 11:30 | Ravitaillement 1 + reconditionnement |
| LESBAUDIT Annick | | | | | | | | | 3 | | 08:00 | 11:30 | Ravitaillement 1 + reconditionnement |
| PETIT Danielle | | | | | | | | | 3 | | 08:00 | 11:30 | Ravitaillement 1 + reconditionnement |
| TERTULLIEN Clément | | | | | | | | | 3 | | 08:00 | 11:30 | Ravitaillement 1 + reconditionnement |
| TERTULLIEN Jérôme | | | | | | | | 3 | 3 | | 08:00 | 11:30 | Ravitaillement 1 + reconditionnement |
| BEAUCHAMPS Patrick | S | | 3 | | 3 | | | 3 | 3 | 3 | 08:00 | 12:00 | Ravitaillement 2 + reconditionnement |
| BRUGUIER Claude | | | | | | | | | 3 | | 08:00 | 12:00 | Ravitaillement 2 + reconditionnement |
| JEANNOT Guillaume | | | | | | | | | 3 | | 08:00 | 12:00 | Ravitaillement 2 + reconditionnement |
| LE MEUR Philippe | | | | | | | | 3 | 3 | | 08:00 | 12:00 | Ravitaillement 2 + reconditionnement |
| TRUTEAU Chantal | | | | | | | | 2 | 3 | | 08:00 | 12:00 | Ravitaillement 2 + reconditionnement |
| | | | | | | | | | | | 08:00 | 12:00 | Ravitaillement 2 + reconditionnement |
| | | | | | | | | | | | 08:00 | 12:00 | Ravitaillement 2 + reconditionnement |
| JOUVENOT Tony | | | | | | | | | 3 | | 09:30 | 11:30 | Ravitaillement Marche Nordique |
| TELLIER Blandine | | | | | | | | 1 | 3 | | 09:30 | 11:30 | Ravitaillement Marche Nordique |
| LEROUX Yves | | | 2 | 3 | 3 | | | 2 | 3 | 3 | 10:30 | 17:00 | Récupération PANNEAUTAGE-PARKING... |
| MARTIN Didier | S | | 3 | 3 | 1 | 3 | | 3 | 3 | 3 | 10:30 | 17:00 | Récupération PANNEAUTAGE-PARKING... |
| RENOUX Joël | | | | | | | | 3 | 3 | 3 | 10:30 | 17:00 | Récupération PANNEAUTAGE-PARKING... |
| HEULIN Yannick | S | | 1 | 1 | 1 | 1 | 1 | 1 | | 3 | 06:00 | 17:00 | Reportage (photo - vidéo) |
| LEMAIRE Bruno | | | | | | | | | | 3 | 08:00 | 17:00 | Reportage (photo - vidéo) |
| LEMAIRE Laurent | | | | | | | | | | 3 | 08:00 | 17:00 | Reportage (photo - vidéo) |
| LE MEUR Philippe | | | | | | | | 3 | 3 | | 14:30 | 17:00 | Retour barrières ateliers municipaux |
| LHOMMEAU Dominique | | | | | | | | 3 | 3 | | 14:30 | 17:00 | Retour barrières ateliers municipaux |
| TERTULLIEN Jérôme | | | | | | | | 3 | 3 | | 14:30 | 17:00 | Retour barrières ateliers municipaux |
| CALONE Ethan | | | | | | | | | | 3 | 7:30 | 13:30 | Secourisme |
| JEANNOT Christophe | | | | | | | | | | 3 | 7:30 | 13:30 | Secourisme |
| JEANNOT Marie | | | | | | | | | | 3 | 7:30 | 13:30 | Secourisme |
| POURRET Clément | | | | | | | | | | 3 | 7:30 | 13:30 | Secourisme |
| VOISIN Lysandre | | | | | | | | | | 3 | 7:30 | 13:30 | Secourisme |
| BROSSE Catherine | | | | | | | | 3 | 3 | | 06:00 | 9:00 | Secrétariat dimanche |
| GAUFFNY Dominique | S | | 1 | | 2 | | 3 | 3 | 3 | 3 | 06:00 | 12:00 | Secrétariat dimanche |
| LEMAIRE Laurent | | | | | | | | | | 3 | 06:00 | 09:00 | Secrétariat dimanche |
| BLOSSIER Didier | | | | | | | | | | 3 | 08:00 | 17:00 | Sécurité piste (et dépose panneautage) |
| BUISSON Luc | | | | | | | | | | 3 | 08:00 | 17:00 | Sécurité piste (et dépose panneautage) |
| GREGOIRE Francis | | | 3 | | | | | | | 3 | 08:00 | 17:00 | Sécurité piste (et dépose panneautage) |
| LEMAIRE Willy | | | | | | | | 3 | 3 | | 08:00 | 17:00 | Sécurité piste (et dépose panneautage) |
| ROUXEL Loïc | S | | 3 | 1 | 3 | 1 | 3 | 3 | 1 | | 08:00 | 14:00 | Sécurité piste (et dépose panneautage) |
| DOLLET Damien | | | | | | | | 1 | | | | | Sécurité Quad : Fin balisage circuit ou |
| LEROUX Yves | | | 2 | 3 | 3 | | | 2 | 3 | 3 | 08:00 | 10:30 | Sécurité Rando Départ |
| MARTIN Didier | S | | 3 | 3 | 1 | 3 | | 3 | 3 | 3 | 08:00 | 10:30 | Sécurité Rando Départ |
| RENOUX Joël | | | | | | | | 3 | 3 | 3 | 08:00 | 10:30 | Sécurité Rando Départ |
| | | | | | | | | | | | 09:00 | 12:00 | Sécurité VTT F05 |
| | | | | | | | | | | | 09:00 | 12:00 | Sécurité VTT F05 |
| | | | | | | | | | | | 09:00 | 11:00 | Sécurité VTT F07 |
| | | | | | | | | | | | 09:00 | 11:00 | Sécurité VTT F07 |
| GUILLER Sébastien | | | | | | | | | 3 | | 08:00 | 10:30 | Sécurité VTT S01 |
| GOHIER Stéphane | | | | | | | | | 3 | | 08:00 | 10:30 | Sécurité VTT S01 |
| FLANDRIN Gérard | | | | | | | | | 3 | | 08:00 | 10:00 | Sécurité VTT S02 |
| TARDIF Jacky | | | | | | | | 3 | 3 | 3 | 08:00 | 10:00 | Sécurité VTT S02 |
| BERNEZ Alain | | | 1 | 1 | 1 | 1 | 1 | 1 | 1 | | 08:30 | 11:30 | Sécurité VTT S03 |
| RICHARD Michel | | | | | | | | | 1 | | 08:30 | 11:30 | Sécurité VTT S03 |
| BERGER J.Claude | S | | 1 | 1 | 1 | 1 | 1 | 3 | 3 | | 08:30 | 11:30 | Sécurité VTT S04 |
| LEON Yves | | | | | | | | | 3 | | 08:30 | 11:30 | Sécurité VTT S04 |
| CORMIER Michel | | | | | | | | | 3 | | 08:30 | 11:30 | Sécurité VTT S06 |
| MENARD Alain | | | | | | | | | 3 | | 08:30 | 11:30 | Sécurité VTT S06 |

| bénévole 2020 | semaine | week end | Lundi | Mardi | merc | jeudi | vend | samedi | dimanche | Lundi S+1 | début | Fin | Poste |
|---------------------|---------|----------|-------|-------|------|-------|------|--------|----------|-----------|-------|-------|--|
| JAGUELIN Yvonnick | | | | | | | | | 3 | | 09:00 | 12:00 | Sécurité VTT S08 |
| WILLEKENS Eric | | | | | | | | | 3 | | 09:00 | 12:00 | Sécurité VTT S08 |
| DUBOIS Dominique | | | | | | | | | 3 | | 09:00 | 12:00 | Sécurité VTT S09 |
| MARIE Michel | | | | | | | | | 3 | | 09:00 | 12:00 | Sécurité VTT S09 |
| LAMBERT Sébastien | | | | | | | | | 3 | | 09:00 | 12:00 | Sécurité VTT S10 |
| LEMAIRE Joel | | | | | | | | | 3 | | 09:00 | 12:00 | Sécurité VTT S10 |
| LEMASSON Christiane | | | | | | | | | 3 | | 09:30 | 12:30 | Sécurité VTT S11 |
| LEMASSON Pierre | | | | | | | | | 3 | | 09:30 | 12:30 | Sécurité VTT S11 |
| GOHIER Stéphane | | | | | | | | | 3 | | 10:00 | 12:30 | Sécurité VTT S12 |
| GUILLER Sébastien | | | | | | | | | 3 | | 10:00 | 12:30 | Sécurité VTT S12 |
| FLANDRIN Gérard | | | | | | | | | 3 | | 10:00 | 12:30 | Sécurité VTT S13 |
| TARDIF Jacky | | | | | | | | | 3 | 3 | 10:00 | 12:30 | Sécurité VTT S13 |
| GALLIEN Gérard | S | | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 07:00 | 19:00 | Trésorier |
| WILLEKENS Eric | | | | | | | | | 3 | | 14:30 | 17:00 | Vélo : récupération véhicule BLANC COMMUNE |
| | | | | | | | | | | | 14:30 | 17:00 | Vélo : récupération véhicule BLANC COMMUNE |
| | | | | | | | | | | | 14:30 | 17:00 | Vélo : récupération véhicule BLANC COMMUNE |
| BOUTTIER Georges | S | | 1 | 1 | | | 1 | 1 | | | | | |
| CORMIER Claudy | | | | | 3 | | | | | | | | |
| DOLLET Jean Paul | S | | 3 | 3 | 3 | 3 | 3 | 3 | | | | | |
| GAUTIER Jacky | | | | | 3 | | | | | | | | |
| LEGANGNEUX Daniel | | | 3 | | 3 | | | | 3 | | 07:00 | 10:00 | Parking : Sécurité nouveau parking |
| LEGANGNEUX Evelyne | | | | | | | | | 3 | | 08:00 | 12:00 | Engagement VTT Renfort |
| RENOUX Chantal | | | | | | | | | 3 | 3 | | | |
| VEAUDECRANNE Claude | S | | 1 | 1 | | | 1 | 1 | | | | | |